

**Exam. Code : 404801**  
**Subject Code : 6549**

**Diploma in Cosmetology (Full Time) 1<sup>st</sup> Semester**  
**(Batch 2021-22)**

**Paper—II**

Time Allowed—3 Hours] [Maximum Marks—50

**Note :—** Attempt **FIVE** questions in all, selecting at least **ONE** question from each Section. The **fifth** question may be attempted from any Section. All questions carry equal marks.

**SECTION—A**

1. Define Yoga. Why is Yoga important for our life ? Explain.
2. What is Aerobics ? Explain its benefits.

**SECTION—B**

3. What is Asana ? Which yoga Asana is best for Asthma Patients ? Explain its uses.
4. Write short notes on the following :—
  - (a) Hal Asana
  - (b) Bhujang Asana.

**SECTION—C**

5. Explain in detail the Disorders of Hair.
6. Explain the process or the treatment for Hair Growth and Replacement.

**SECTION—D**

7.
  - (a) Write the steps for the sectioning of Hair in detail.
  - (b) How will you prepare your client for Hair cut ?
8. Explain the process of V-cut along with its precautions.